

PSHEE POLICY

<i>Date of Policy</i>	<i>23rd January 2009</i>
<i>Updated</i>	<i>Jan 2012</i>
<i>Approved by Principal(s)</i>	<i>Yes</i>
<i>Review Date</i>	<i>January 2013</i>
<i>Key Staff</i>	<i>Teachers and PTs</i>
<i>Lead Staff for Review</i>	<i>Senior Tutors (Canterbury)</i>

Purpose

Personal wellbeing helps students to embrace change, feel positive about who they are and enjoy healthy, safe, responsible and fulfilled lives.

The Personal Development Programme is a key part of the College delivery of the 'Every Child Matters' agenda. The programme is delivered through discrete lessons to Pre/AEP/UFP/IB/Pre-U Programme and GCSE students, and through a variety of sessions held over the year for all other students. This will be underpinned by talks in College assemblies to highlight key spiritual and moral issues which will be run by Senior Staff, outside speakers, teachers and students.

A description of the Personal Development Programme

Students are encouraged to take responsibility for their own life and career decisions and to influence the life of the College through discussions with Personal Tutors, Student Councils and Higher Education staff. Sessions are run on Careers Education over the year, and the programme will cover areas including:

- Drugs
- Sex education, Relationships and Friendship
- Managing Feelings and Emotions
- Smoking
- Work related learning and enterprise
- Working with others, risk management and careers
- The role of the Police and local services
- Alcohol Awareness
- Moral issues and Dilemmas including Bullying, mental and emotional health disorders and self image

- Personal Safety and basic First Aid
- Healthy Eating
- Awareness and celebration of other cultures and countering discrimination and prejudice
- Awareness of democratic structures and forms of Government
- Transferable personal skills (study, exam, university-related research, metacognition)

Students will be encouraged to reflect upon their strengths and weaknesses and Personal Tutors will seek to reward achievement, set regular personal targets and review them with their students.

Outside speakers are used and we seek to develop links with groups from the wider community who can support our work in these areas. The world is full of challenges and complex, often conflicting values, and we aim to encourage in all students a sense of responsibility, tolerance towards others and self awareness.

The programme is delivered to all students throughout their time at the College. Much of the work is carried out through staff-led discussion or debate and is designed to allow students to access themes and concepts at all levels. Students requiring additional information, counselling or just a listening ear connected with topics they have discussed in class have access to Welfare and Pastoral staff as appropriate. There will be a daily element of Personal Development from September 2012 in all colleges which could cover learning styles, UCAS support, creative activities, enterprise, drop ins with senior staff and other activities designed to support and promote personal development.

Student Involvement

We believe strongly in student involvement at all levels and Student Councils will have regular input into the design of sessions for students

We adopt ground rules to ensure a safe environment for teaching in particular in PSHE and PD. This reduces anxiety to students and staff and minimises unconsidered, unintended personal disclosures.

At the beginning of each relevant PSHE lesson , students are reminded of the ground rules by the teacher or outside visitor. The teacher establishes the ground rules together with the students on a regular basis

Monitoring

Feedback on the PD programme is sought through the Student Council and from other students in both formal and informal ways. PD Schemes of Work are monitored and evaluated by Pastoral and Academic Staff reporting to the Senior Leadership Group as appropriate.

Relationship to other policies

Personal Development underpins all our work at the College and all staff have key roles to play including Residence Supervisors, House staff and Personal Tutors, Teaching, Welfare and Pastoral Staff.

This policy is informed by:

Every Child Matters

Safeguarding Children

QCA Curriculum guidance

CATS College Confidentiality Policy

CATS College Safeguarding Policy

Teaching and Learning Policy

Race Equality and Equality Policies